

## Packing list (winter standing camp)

- Sleeping mat
- Pillow
- Blanket (optional)
- Sleeping bag
- Torch
- Toiletries
- Day-pack
- Waterbottle
- Raincoat
- Warm hat (beanie)
- Spare shoes
- Change of clothes, warm clothes
- Tracksuit/pyjamas (please don't wear day clothes to bed!)
- Dilly bag:
  - a bowl (for cereal, soups, casseroles and deserts)
  - a plate (for cooked breakfasts, grills and roasts)
  - knife, fork and spoon
  - a mug or cup (for hot and cold drinks)
  - a pair of tea towels to wash up with.

If you can fit your gear into one, or at most two, bags, this will be appreciated.

Loose items, plastic bags etc lead to lost items and inconvenience.